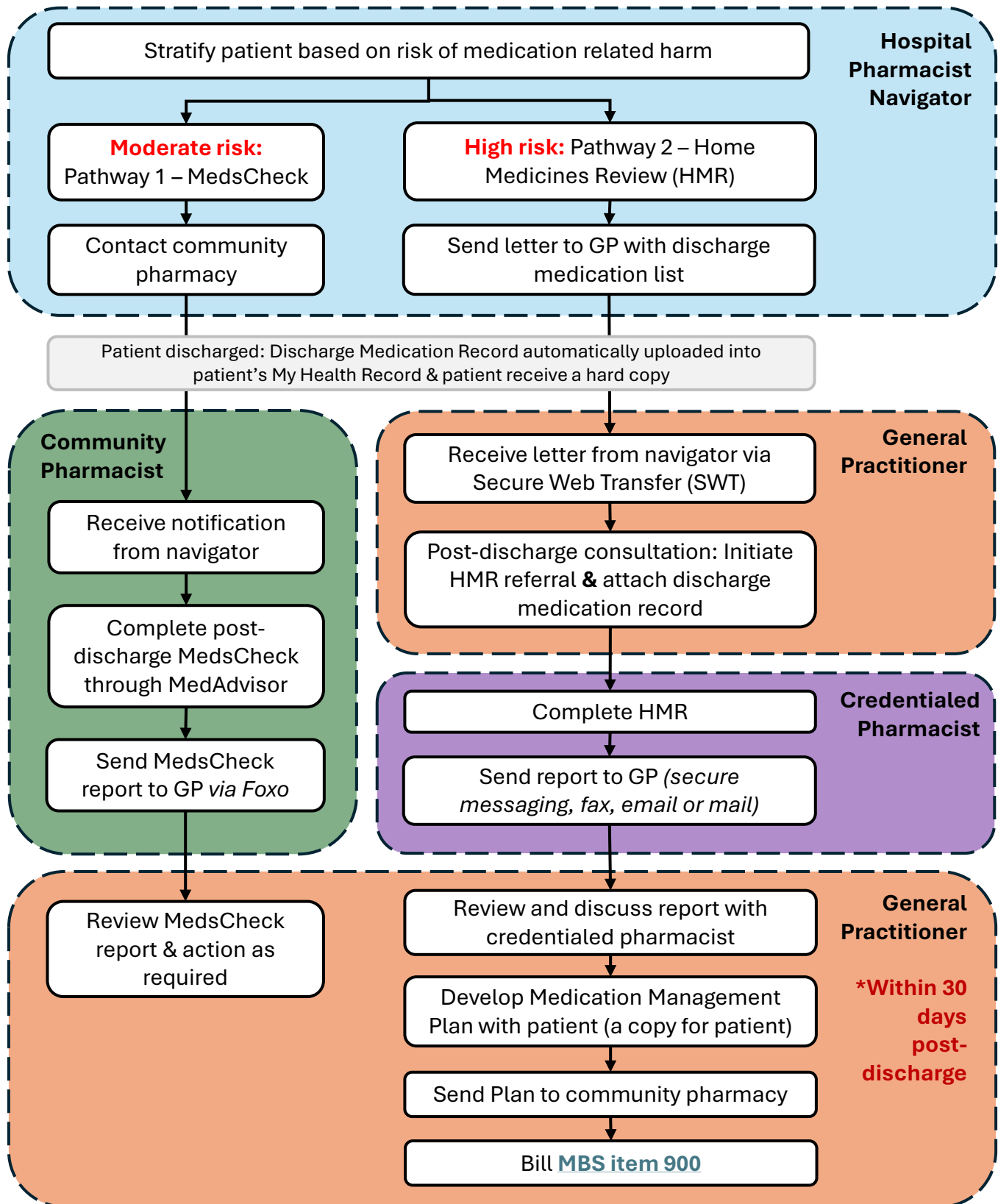


## General Practitioner: OPTMED-D Trial Overview



Study enquiries: [OPTMED-D@uq.edu.au](mailto:OPTMED-D@uq.edu.au)

## What do I (as the GP) have to do to benefit my patients?

### Step 1: Prior to discharge and at discharge (hospital-based process)

#### **No GP action required at this stage**

- Hospital Pharmacist Navigator stratifies patients based on moderate or high risk post-discharge medication-related harm.
  - Pathway 1 (Moderate risk): The navigator books a post-discharge MedsCheck at the patient's preferred community pharmacy.
  - Pathway 2 (High risk): The navigator contacts the patient's GP to coordinate a post-discharge consultation and referral for Home Medicines Review (HMR). The navigator sends a letter to the GP with discharge medication list via Secure Web Transfer.
- The patients' Discharge Medication Record (DMR) is uploaded to the patient's My Health Record. A physical copy is also provided to the patient.
- In addition to the Electronic Discharge Summary, the GP gets a copy of the DMR via ieMR (Gold Coast Health) or SWT (Metro South Health) and whether the patient is allocated to Pathway 1 or Pathway 2.

### Step 2: Post-discharge

#### **GP actions (high-risk only):**

- The GP provides a HMR referral for the patient during the post-discharge consultation.
  - The Hospital Pharmacist Navigator can assist in connecting with a local credentialed pharmacist, if required.
  - The credentialed pharmacist will need a copy of the DMR attached in the HMR referral letter.
- Following the HMR, the GP reviews and actions the report according to Medicare requirements:
  - Discuss the results with the credentialed pharmacist.
  - Develop a written medication management plan.
  - Provide the written medication management plan to the patient and patient's community pharmacy.

#### **GP actions (moderate-risk only):**

- Following MedsCheck, the community pharmacist will send a report to the GP using MedAdvisor's Foxo – this will be in the form of an email or SMS to the practice or GP (with subject OPTMED-D).
  - For the first Foxo notification only, the GP or practice staff will be asked to request and enter a passcode.
  - The above is not required for future FOXO notifications.
- The GP reviews and actions (if required) the findings as clinically appropriate (e.g., amending prescriptions/medications, follow-up planning).

### Contact Information

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